

**“LA GINESTRA”  
ORGANIC FARM  
HOLIDAYS HOME – FARM HOLIDAYS  
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## **“LA GINESTRA”**

“La Ginestra” is a 30 hectare organic farm, situated deep in the green hills of Umbria, 650 metres above sea level, partly wooded and partly farmed, with an olive grove, orchard and pasture. It is a protected area and home to rare plants and animals.

The farm, which has been operative for 12 years, includes a principal dwelling dating back to the 19th century, a tower-house and a cottage - all restored in stone in their original architectural form.

For those who truly love nature and tranquillity there are plenty of rural activities including nature trails, mountain biking, bicycle touring, trekking, bird watching, archery, swimming pool (12m x 6m).

We let fully equipped furnished flats (2 to 7 beds) with central heating (orthopaedic mattresses and bedsteads) with private garden, and bedrooms with bathroom and garden (2-5 beds) for weekends or on a weekly or monthly basis.

The prices include all incidental expenses such as: bed linen, towels, final cleaning, energy consumption, use of launderette, swimming pool, walks on natural paths.

Additional payment: central heating, archery and mountain bike for hire.

Organic breakfast (fresh spelt-bread, spelt and wheat cakes, honey, a choice of natural jams, butter, milk, coffee, tea, fruit juice) € 8 daily per person.

For meals we have an agreement with local inns and restaurants (1 km) that offer organic cooking as well as typical food from the area (mushrooms, truffles, game, barbecued meat, etc.) and prices vary from € 13 to € 25 per person per meal.

The organic farm “La Ginestra” follows organic methods of cultivation and is checked and certified by AIAB-Umbria. The farm produces: hay, cereals (spelt, wheat), legumes (lentils, field beans, chickpeas), olive oil, vegetables, jams, honey, spelt-bread. It is possible to buy fresh and preserved organic products from the farm, or from other organic farms in the region.

Discount for families and groups and for stays of two or more weeks.

Restaurants: 1 km - Shops: 11 km - Gubbio: 15 km - Assisi: 30 km - Perugia: 27 km - Lake Trasimeno: 35 km - National Park Monte Cucco: 20 km - National Park Monte Tezio: 15 km - The sea: 80 km - Nearest main road: 11 km - Throughroad E45: 14 km - Railway station of Fossato di Vico-Gubbio: km 25 - Railway station of Perugia/Ponte S. Giovanni: km 25 - Railway station of Ponte Pattoli: km 13 - Bus-stop at Casa del Diavolo: 11 km - Bus-stop at Ponte Pattoli: km 13 - Bus-stop at Mengara: km 11 - Airport S. Egidio (Perugia): km 30 - Airport Ancona-Falconara: km 135 - Airport Roma Fiumicino: km 225 - Car essential - Dirt road km 3,7.

It is possible to organize on request:

- excursions on horseback with guide;
- archery courses;
- trekking along CAI (Club Alpino Italiano) paths, accompanied by guides;
- walks and trails of every level of difficulty on rented mountain bikes, accompanied by guides of the AMI;
- courses in basket-making and plaiting, with gathering and drying of plants;
- courses in natural cooking (bread-making);
- holistic wellness techniques (Ayurvedic massage and Tuina with essential oils, Shiatsu massage).

In the area it is possible to follow:

- hang-gliding courses (Monte Cucco Italian School);
- courses in ceramics;
- courses in wrought iron.

- ◆ English, French and Spanish spoken.
- ◆ It is open all year round
- ◆ Small pets welcome (extra € 35 for week, € 7 daily)

## DESCRIPTION OF APARTMENTS:

**A1 - Tower-house:** Two storey house apartment (4/5 beds) - Ground floor: kitchenette/lounge/dining-room/television with double bed. First floor: bedroom with double bed, 1 single bed and a bathroom with shower, WC and bidet. Independent central heating on request (additional payment). Private garden with garden furniture, BBQ.

**A2 - Principal dwelling:** Three-room ground floor house apartment (6/7 beds) - kitchen/dining-room/television, bedroom with double bed, 1 single bed and a bathroom with shower, WC and bidet; bedroom with double bed, 2 single beds and a bathroom with shower, WC and bidet. Independent central heating on request (additional payment). Private garden with garden furniture, BBQ.

There is the possibility of subdividing into:

- a two-room apartment (2/3 beds) with kitchen/dining-room/television, bedroom with double bed, 1 single bed and a bathroom with shower, WC and bidet;
- a bedroom (4/5 beds) with double bed, television, 2 single beds and a bathroom with shower, WC and bidet.

Separate entrance.

**A3 - Cottage:** One storey house apartment (5/6 beds) - Kitchenette/dining-room/television with double bed and a bathroom with shower, WC and bidet; bedroom with double bed, 1 single bed + 1 possible extra bed and a bathroom with shower, WC and bidet. Independent central heating on request (additional payment). Private garden with garden furniture, BBQ.

There is the possibility of subdividing into:

- a one room apartment (2 beds) with kitchenette/ dining-room/television, double bed and a bathroom with shower, WC and bidet;
- a bedroom (3/4 beds) with double bed, 1 single bed + 1 possible extra bed, television and a bathroom with shower, WC and bidet.

Separate entrance.

**A4 - Principal dwelling:** Two-room ground floor apartment (3 beds) - kitchen/dining-room/television, bedroom with double bed + 1 single bed and a bathroom with shower and WC. Independent central heating on request (additional payment). Garden with garden furniture, BBQ.

**A5 - Principal dwelling:** Two-room first floor apartment (5/6 beds) - kitchenette/lounge/dining-room/television with divan bed, bedroom with double bed, 2 single beds, a bathroom with shower, WC and bidet. Independent central heating on request (additional payment).

**A6 - Principal dwelling:** Three-room first floor apartment (5/6 beds) - lounge/dining-room/television, 1 bedroom with 1 double bed and 1 single bed, 1 bedroom with 1 double bed and 1 single bed, a bathroom with shower, WC and bidet. Independent central heating on request (additional payment).

## ROUTE TO FOLLOW:

- 1) **Motorway Firenze/Roma:** Take the Valdichiana exit (**if coming from the north**) or take the Orte exit (**if coming from the south**) and then the throughroad for Perugia, continue towards Cesena, take the Ponte Pattoli exit.
- 2) **Motorway Bologna/Ancona:** Take the Cesena exit (**if coming from the north**) and then the E45 expressway towards Perugia/Roma. Take the Ponte Pattoli exit - before Perugia.

Follow signs to Casa del diavolo. At the village crossroad continue straight to S. Cristina - 7 km away; 1,5 km after "La Dolce Vita" restaurant turn left towards "La Ginestra". Stay on the dirt road for about 3,7 km following signs to "La Ginestra".

- 3) **Motorway Ancona/Bologna:** Turn off at Fano (**if coming from the south**) and take the expressway towards Perugia/Roma. Before you get to Perugia, take a right turn (on the Gubbio/Perugia main road) signposted S. Cristina. Continue straight through until you see "La Ginestra" sign. Turn right and stay on the dirt road for about 3,7 km, following signs to "La Ginestra".

## FAIRS AND EVENTS IN THE REGION:

**Corsa dei Ceri** (*The Race of the "Ceri"*): Gubbio, May - **Calendimaggio** (*Calends of May*): Assisi, May - **Palio della Balestra** (*Crossbow Tournament*): Gubbio, May - **Umbria Jazz**: Perugia, July - **No Borders Gubbio Summer Festival**: Gubbio, August - **Mostra del Tartufo e dei Prodotti Tipici** (*Truffles and Typical Products Fair*): Gubbio, October - **Accensione dell'albero di Natale più grande del mondo** (*The lighting of the biggest Christmas Tree in the world*): Gubbio, December-January.